



Fredericksburg **Parks & Recreation**

**WINTER
& SPRING**
January-April '16

View this
catalog
ONLINE!



Children's Activities



Sports



Nature Programs



Adult Classes



Fitness & Dance



Trips & Events



Department Mission

The mission of the Fredericksburg Parks, Recreation, and Public Facilities Department is to enhance the lives of our citizens by providing a diverse package of recreation and park opportunities.

A parallel mission of the department is to provide optimum service to the general public and staff through the City's Public Facilities Divisions by administering a program of routine custodial maintenance, repair and upkeep, scheduled facility improvements and renovations, and immediate responses to emergencies and disruptions to the work place or service environments.

Departmental Functions

The Fredericksburg Parks, Recreation, and Public Facilities is a municipal recreation department that provides comprehensive year around programming for sports, fitness, special events and nature programs for all ages. The department operates and maintains 21 outdoor spaces that offer and encourage activities on our walking trails, playgrounds, swimming pool and the Rappahannock River. We strive to meet the needs of the population by providing affordable programs for City residents and non-residents alike.



Welcome!

2015 Year in Review

2015 proved to be a big year for the Fredericksburg Department of Parks, Recreation, and Public Facilities. I want to tell you as an Interim Director that the Department's staff is dedicated and tireless in their efforts to serve you in so many different ways. They are truly second to none.

I also want to take a moment to thank our hard-working volunteers, without whom our parks, our recreation programs, and our leisure programs would be nothing like they are today. The staff and I are grateful for all of our volunteers, and all of their efforts.

Together, the Department has accomplished some great things over the past twelve months. Here are just a few highlights:

- Worked with volunteers, City Schools and the Fredericksburg Police Department to successfully reinvigorate the Midnight Madness summer basketball and activities program for our youth
- Worked with City Schools to bring more awareness to the Mobile Café Summer Food Truck Program by partnering with the National Recreation and Parks Association (NRPA) to incorporate a fitness and education component. By the end of the season, an estimated 12,500 children were served.
- In partnership with Wegman's and the Fredericksburg Department of Economic Development and Tourism, began the Fredericksburg Wegman's Passport to Family Wellness program to encourage healthier lifestyles and staying active outdoors
- In partnership with Public Works, opened the next phase of the Virginia Central Railway Trail, which extends the trail west of Jefferson Davis Highway to the area south of the Idlewild subdivision.
- Installed Pickleball Courts at Memorial Park
- Completed another successful season of the Fredericksburg Farmer's Market at Hurkamp Park
- Served as key staff for a large number of Special Events – highlighted by the Fredericksburg Christmas Parade and the Soap Box Derby
- Worked with our project team to manage the renovations to the City's old General District Court building – turning it into a state-of-the-art facility for the Juvenile and Domestic Relations Court
- Best of all – YOU voted us the winners of several awards in both the Free Lance Star and Fredericksburg Parent and Family Magazine.

It's a time of transition for our Department, as we bid adieu to Bob Antozzi, our Director for the past 29 years. The City is very grateful to Bob for his outstanding leadership and service, and wish him the best in his retirement. The next Director will have very large shoes to fill, indeed.

The Department has big plans for an even better year in 2016, and the staff and I are glad you will be along for the ride. I hope that you will take a moment to look through the catalog and find some programs that are interesting and meaningful for you and your family. Please reach out to our Parks and Recreation staff if you have any questions or ideas – fredprpf@fredericksburgva.gov, or visit our Facebook page ([Facebook.com/FredParksRec](https://www.facebook.com/FredParksRec)).

- *Mark Whitley*

Contact Us



Dorothy Hart Community Center

408 Canal Street
Fredericksburg, VA 22401

General Phone: 540-372-1086
Fax: 540-372-3475

Section Phone Extensions

- Children's Activities x217
- Nature Programs x213
- Fitness & Dance x227
- Sports x224
- Adult Classes x217
- Events x215
- Trips x217

Hours of Operation

Monday - Thursday: 9 a.m. - 9 p.m.
Friday: 9 a.m. - 4 p.m.
Saturday - Sunday: Closed

Email Contact

fredprpf@fredericksburgva.gov



facebook.com/FredParksRec



Contents

Welcome	2 - 3
Children's Activities.....	4 - 7
Nature Programs	8 - 12
Starfires	13
Sports	14 - 16
Fitness & Dance	18 - 19
Adult Special Interest	21 - 26
Trips	27 - 28
Events	29 - 32
Facilities	35 - 37
How to Register	38 - 39

Fred Alert

The City of Fredericksburg uses Fredericksburg Alert to immediately contact you during a major crisis or emergency. Fredericksburg Alert delivers important emergency alerts, notifications and updates to you on all your devices:

- Email account (work, home, other)
- Cell phone (via SMS)
- Office phone
- Pager

Parks & Recreation uses Fredericksburg Alert to send you real-time updates regarding cancellations, emergencies, closings and other important information. When a cancellation happens, you'll be notified instantly through Fredericksburg Alert.

You have the ability to manage which alerts you would like to receive and can update these preferences at any time.

In case of weather related emergencies, Fredericksburg Parks and Recreation programs, classes, events and rentals will be cancelled based upon the closing decision of the City of Fredericksburg Public Schools.

Sign up now @ www.FredericksburgAlert.com

Recreation Commission Members:

Susan Tyler, Chairman
Sharon Null, Vice Chairman

James Bailey	Dr. Timothy Duffy
Dr. George Foster	Kenneth Kroko
Brandon McVade	Dr. John B. Gordon, III
Dr. Marcus Tepaske	



Children's Activities

Arts Alive

5yrs – 8yrs

9yrs – 12yrs

Explore the world of art through hands-on, sensory expression. Work with paints, textures, clays, and more to learn the basics of a great artist's studio and have fun creating major masterpieces. Dress for mess. Light snack included. Hosted by The Daydream Factory. Pre-registration required. Location: Lafayette Elementary

Tuesdays, 5:00pm – 6:00pm (5yrs – 8yrs)

January 12 – January 26

Thursdays, 6:00pm – 7:30pm (9yrs – 12yrs)

January 14 – January 28

\$35/\$40 (residents/non-residents)

RAD for KIDS

8yrs – 10yrs

Help your children

learn the things to

look out for and

the things they can

do to protect themselves should they find

themselves in a scary situation. This program

is being brought to you in conjunction with

the Fredericksburg Police Department as a

community service. Pre-registration required.

Location: Conference RM Fredericksburg Police Department

Tuesdays, 5:00pm – 6:00pm

February 2 – February 23

\$12/\$12(residents/non-residents)



After School Valentine Cake Making

6yrs – 13yrs

Participants will make a take home Valentine Cake with all the trimmings!

Wednesday, 4:30pm – 5:30pm

February 10

\$12/\$14(residents/non-residents)

Tiny Tots Valentine Crafts & Party

2yrs – 5yrs

Just for the little ones! Catch a morning story, refreshments and activity hour for the little ones. Come join the fun!

Pre-registration recommended. Location: Dorothy Hart Community Center

Friday, 9:30am – 10:30am

February 12

\$6/\$6(residents/non-residents) **Parents are free with paying child**



Daddy-Daughter Dance

What better way to kick off Valentine's Day weekend than by taking your little sweetheart on her first date with the main man in her life. Put on your best suit and tie then dance the night away to Taylor Swift or sing "Let It Go" at the top of your lungs with your little lady. We will even take a photograph of you all on your special night. Pre-registration required.

Location: Dorothy Hart Community Center

Friday, 6:30pm – 8:00pm

February 12

\$18 (Daddy + Daughter) **additional daughter(s) \$6 each**



Hogwart's® Mystery of Magic

9yrs – 13yrs

Hogwarts® has two new houses! Firelore and Corosphinx are waiting to enroll new students. Get assigned to your house, mix potions, snack on wizarding treats, win team challenges for the house cup and so much more. Treats provided.

Hosted by The Daydream Factory. Pre-registration required. Location: Lafayette Elementary

Thursdays, 5:00pm – 6:30pm

March 10 – March 31

\$45/\$50 (residents/non-residents)

Get Your Green On for St. Paddy's Day

2yrs – 5yrs

Celebrate the Irish with games, activities and a leprechaun craft. Pre-registration recommended. Location: Dorothy Hart Community Center

Tuesday, 10:00am – 10:45am

March 15

\$6/\$6(residents/non-residents) **One parent free with each paying child, \$2 per each additional adult**





Stage Door Acting Production

7yrs – 10yrs (Grades 2-5)

This acting production camp will include instruction in movement, voice, character development, and dialogue delivery as the students prepare a play. Emphasis will be placed on the rehearsal process and developing the students as capable and creative performers. The week will conclude in a showcase featuring a stage performance. Pre-registration required. Location: TBA

Monday - Friday, 9:30am – 12:30pm

March 28 – April 1

\$100/\$100 (residents/non-residents)

Stage Door Film Production

10yrs – 14yrs (Grades 5-8)

Budding film enthusiasts will learn all the steps to producing their own cinematic piece from script writing, video technique, acting, and final production. Students will collaborate in creating an original work throughout the week. At the conclusion of the camp, all students will receive a DVD copy of their collaborative film project. Pre-registration required. Location: TBA



Monday - Friday, 1:00pm – 4:00pm

March 28 – April 1

\$100/\$100 (residents/non-residents)

Passport to the World: Trip I

5yrs – 8yrs

9yrs – 12yrs

Get in line to get your passports stamped! Bring alive the cultures of Italy, Madagascar & Japan through interesting customs, super-fun games and delicious foods. Treats provided. Hosted by The Daydream Factory. Pre-registration required. Location: Lafayette Elementary

Tuesdays, 5:00pm – 6:00pm (5yrs – 8yrs)

April 12 – April 26

Thursdays, 6:00pm – 7:30pm (Ages 9-13)

April 14 – April 28

\$35/\$40 (residents/non-residents)

Little Ones Painting & Art Class

18 months – 4yrs

Little fingers will experiment with painting, gluing, sticking, printing and creating, while developing fine motor, language and self-help skills. This is an “I can do it” class that is fun and creative.

Each session has new activities where adults get to play too. Pre-registration required. Location: Dorothy Hart Community Center.

Wednesdays, 9:15am – 10:00am

January 13 – January 27

February – 10 – February 24

March 9 – March 23

April 13 – April 27

\$24/\$30(residents/non-residents)



Mommy and Me Music Class

18months – 4yrs

This is an interactive class for babies or young children and their caregivers/parents. Class time will include singing, dancing, finger play, and all playing with different instruments. Location: Dorothy Hart Community Center.

Thursdays, 9:30am – 10:15am

January 14 – January 21

February 11 – February 18

March 10 – March 17

April 7 – April 14

\$18/\$20(residents/non-residents)

Spanish for Kids

5yrs – 12yrs

Designed to provide kids with an introduction to basic Spanish vocabulary and expressions. Kids will learn basic Spanish greetings, games, count to 10, and basic shapes and colors. Pre-registration required. Must be registered one week in advance of the class. Location: Dorothy Hart Community Center

Mondays, 4:30pm – 5:15pm

January 25 – February 15

February 29 – March 21

April 4 – April 25

\$24/\$26(residents/non-residents)



Children's Activities

Young Artists Program

6yrs – 14yrs

Join us as we explore the many media of art in this four week class. Art is about creative self-expression, appreciating the work of others and learning new techniques. Pre-registration required. Location: Dorothy Hart Community Center

Thursdays, 4:30pm – 5:30pm

January 21 – February 11

February 25 – March 17

April 7 – April 28

\$36/\$40(residents/non-residents)

Weird Science

5yrs -11yrs

Weird and unusual science projects and fun experiments! Sign up for each month or only one...each month a new experiment! Pre-registration required. Location: Dorothy Hart Community Center

Mondays, 4:30pm – 5:30pm

January 11

February 8

March 14

April 11

\$10/\$10(residents/non-residents)

Youth Tumbling

5yrs – 8yrs and 9yrs – 13yrs (NEW)

Basic to intermediate level skills will be taught in a fun, non-competitive environment with individualized instruction catered to your child's abilities. Instructor Renee Embrey has over 30 years of experience with recreational gymnastics. Pre-registration required. Location: Dorothy Hart Community Center

Wednesdays, 4:15pm – 5:15pm (5yrs – 8yrs)

Wednesday, 5:15pm – 6:15pm (9yrs – 13yrs)

January 6 – February 3

February 17 – March 16

April 6 – May 4

\$35/\$40(residents/non-residents)

Horseback Riding Lessons

6yrs – Adult

Beginner & Intermediate Horseback Riding

All Ages, 6yrs – Adult

****NEW LOWER PRICE**** Learn the basics of grooming, tacking techniques, general ground manners, care and riding! Please see the full listing of available classes on our online registration site.

Pre-registration required. Location: White Buffalo Horse Farm.

\$130/\$140 (residents/non-residents* Horseback riding classes are for youth and adults!**

Dirty Rotten Sneaker Essay Contest



Tell us why you need a new pair of sneakers and/or all about your sneakers' amazing life!

Winners in each age group will receive a gift card towards a new pair of sneakers!

Age groups for judging are:

1st through 3rd

4th through 6th

7th through 12th

The essay must be original work and up to 500 words. They will be judged on originality, creativity, and quality of writing. You may only enter one essay. All entries must be received by **Friday, January 29, 2016 by 4:00pm**. Please make sure your entry clearly indicates your age group, your name, home address or email address and telephone number.

How to submit your essay:

Email - jejones@fredericksburgva.gov

Mail To - Dorothy Hart Community Center

Attn: Sneaker Essay Contest, 408 Canal Street, Fredericksburg VA 22401

****We assume no responsibility for submissions not received or misdirected by participant****



Save the Date

Summer Camps Are Coming!

Registration begins for City Residents (zipcode must be 22401) - Tuesday, March 15

Registration begins Non-City Residents - Tuesday, March 22

**We have something for EVERY child's interest
Arts, Nature, Sports, and more! For details on each camp visit
www.fredericksburgva.gov/summercamps**

**Registration must be done in person at the Dorothy Hart Community Center
Camps are open to everyone in the Rappahannock Region**





Nature Programs

Homeschool Nature Club for Middle School

11yrs – 15yrs

Calling all homeschoolers 6th-8th grades to take a break from the books and join a nature club. We'll meet one Monday a month from January through April (check the dates). Wear appropriate outdoor clothing (no flip flops) and bring water. NO non-registered siblings please. Pre-registration required for entire series. Location: Motts Run Nature Center

Mondays, 1:00pm-2:30pm

January 4 - Owl Pellets

February 1 - Skulls

March 7 - Scat Rap

April 4 - Canoeing

\$40/\$50 (residents/non-residents) for all four classes

Log Cabin Storytime

4yrs – 6yrs

Come on over to our log cabin in the woods, the Nature Center, for some wonderful stories. We'll sip hot cocoa and make a fun cabin craft to take home. Pre-registration required Location: Motts Run Nature Center

Wednesday, 9:30am-10:30am

January 13

\$6/\$8 (residents/non-residents)

Fascinating Feathers

5yrs – 10yrs

Come learn all about fascinating feathers; see how they are placed on a real Great Horned Owl, do some experiments and do an art project with feathers for you to take home. Location: Motts Run Nature Center

Saturday, 10:00am-11:00am

January 16

\$6/\$8 (residents/non-residents)

Super Seniors Wildcat Club

Adults

Join a naturalist and make a friend while hiking in the outdoors. We'll hike for an hour on the beautiful trails at Mott's Run Reservoir and then return to the nature center for a visit, a cup of tea (provided) and a sack lunch (bring your own). Trails are not paved and can be rugged in spots. Sessions consist of four hikes. Pre-registration required. Location: Motts Run Nature Center.

Mondays, 11:00am-12:30pm

January 11

February 8

March 14

April 11

\$25/\$30 (resident/non-resident)

A Parent's Guide to Nature Play

Adults

Children spend about half as much time outdoors as they did 20 years ago and more than 53 hours a week using media entertainment. Children who play outside are more creative in their play, less aggressive and show better concentration.

Come on over to Dorothy Hart Community Center for a FREE program. We'll share ideas for getting your kids outside and involved in hands on nature play. Location: Dorothy Hart Community Center

Thursday, 7:00pm-8:00pm

January 21

FREE

Winter Snowshoeing

14yrs - Adult

If you own or have access to a pair of modern snowshoes and it snows at least 6", give us a call and we'll put together a trip at Motts Run Reservoir or Caledon State Park. This will be about a 3-hour trek involving animal tracking, a stop for hot chocolate, and all sorts of nature's wonders! The fee will be \$15 per person. Give us a holler: lbailey@fredericksburgva.gov



Winter Night Hike

6yrs – Adult

We'll start with hot cocoa, then head out to enjoy the evening magic of the winter woods. Whooo knows what we'll discover! Dress warmly, wear shoes with good traction and bring a flashlight. Pre-registration required (kids must attend with paying adult). Sign up for ONE date. Location: Motts Run Nature Center.

Friday, 7:00pm-8:15pm

January 22

February 26

\$6/\$6 (residents/non-residents)



Mammal Skull Identification

16yrs – Adult

We'll learn keys to examining a variety of original, local mammal skulls, using clues like eye placement, tooth types, rostrum length, cranial ridges, and other characteristics. Then we'll set about using our newfound detective skills to keyout a variety of clean, original skulls from local, native wildlife. Come sink your teeth into this one. Held indoors. Location: Motts Run Reservoir

Tuesday, 9:00am-11:00am

January 26

\$12/\$12 (residents/non-residents)



Survival Kit in a Can

8yrs – 12yrs

Come learn how to make a mini emergency kit. Each participant will make a kit to take home from a variety of unique items, both homemade and store bought. Store your tiny kit in any backpack, glove compartment, or even a pocket to have in case of an emergency. You'd be surprised what we'll fit in an Altoid tin. Location: Motts Run Nature Center

Thursday, 4:45pm-5:45pm

February 11

\$6/\$8 (residents/non-residents)

Stargazing in the Park

8yrs – Adult

Join astronomer Myron Wasiuta for spectacular moon and stargazing! Discover the wonders of the night sky through a state-of-the-art equipment. Dress for the weather and bring a lawn chair (optional). Pre-registration required (kids must attend with paying adult). Location: Motts Run Reservoir.

Saturday, 6:00pm-8:00pm

February 13

\$6/\$6 (residents/non-residents)

Winter Tree Trek

16yrs – Adult

Ever wonder how to tell trees apart in the dead of winter? Take a hike and learn tips to telling a hickory from an oak, a tulip poplar from a sweetgum, a beech from a maple... and more. We'll look at buds, bark, and discover each tree's record of last year's growth. Along with this we'll try out some simple tricks to estimate tree height and age. VA Master Nat. approved advanced training. Must sign up for each session individually. Dress warmly! Location: Motts Run Nature Center

Tuesday, 9:00am-11:00am

February 16

March 1

\$10/\$10 (residents/non-residents) for each date



The Bare Essentials of Survival Workshop

12yrs – Adult

Learn the naked truth of survival...what to do in the worst wilderness scenario when you are wet, cold and lost. Led by survival expert, Dustin Chappell, practice hands-on skills you'll want to know (including use of fire igniters and flame extenders). Will include new info for those who attended in 2015! Dress for the weather and bring a sack lunch. Pre-registration required (all ages pay). Location: Motts Run Nature Center.

Saturday, 9:00am-1:30pm

March 12

\$35/\$45 (residents/non residents)

Alum Spring Park

Voted # 1 "Best Park"

FredParent Fam Fav 2015

Voted #1 "Best Public Park,"

**Free Lance-Star Readers' Choice Awards
2015**



Nature Programs

Eco-Explorer

6yrs – 12yrs

Go really green on St Patrick's Day by going out in the woods for a scavenger hunt. We'll return to the Nature Center to discuss animal habitats, make a food chain, and end by making a homemade bird feeder for you to take home. Dress for the weather and wear sturdy shoes. Pre-registration required Location: Motts Run Nature Center

Thursday, 4:30pm-5:30pm

March 17

\$6/\$8 (resident/non-resident)

Awesome Orienteering

9yrs – Adult

Learn to use a map and compass then test your skills on our woodland orienteering course. Wear sturdy footwear and long pants. Compasses and water provided. Pre-registration required (ten and under must attend with paying adult). Location: Motts Run Nature Center.

Wednesday, 4:30pm-6:00pm

March 23

\$6/\$6 (residents/non-residents)

Fossil Hunt on the Potomac

10yrs – Adult

Back by popular demand, an opportunity to hunt for multi-million-year-old fossils. Explore the Calvert Formation, an extremely unique area, one of only three in the world. Led by paleontologist Jon Bachman we'll get the chance to go beyond the restricted area and look for the remains of sharks, porpoises, crocodiles, turtles, rays, whales and more. All participants must sign an insurance waiver and follow safety instructions. Bring lunch, water and dress for the weather. Wear shoes that can get wet. Pre-registration limited and required. Location: Stratford Hall Gate.

Thursday, 8:45am-12:45pm

March 24

\$35/\$35 (residents/non-residents)



Jr. Naturalist: Birds

10yrs – 16yrs

Join other Junior Naturalists as we learn about birds! Spend four spring afternoons peeking into nest boxes and other hot spots, learning backyard bird identification, taking field notes as we hike, and much more. All participants receive a patch – attend 3 spring/fall courses and get your name on a plaque in the nature center! Fly on down for this one. Location: Motts Run Nature Center.

Tuesdays, 4:30pm-6:00pm

April 12, 19, 26, May 3

\$55/\$65 (residents/non-residents)

Nature Play for Preschoolers

3yrs – 5yrs

Kids, grab your favorite grown-up and come learn about birds, frogs, toads and more! We'll gather for four mornings to enjoy a snack, story and nature craft. Secure your spot soon! Pre-registration required (kids must attend with non-paying adult). Location: Motts Run Nature Center.

Thursdays, 10:00am-11:15am

April 21, 28, May 5

\$30/\$40 (residents/non-residents)

Frog Walk for Tadpoles

2yrs – 4yrs

Leap on over to Motts Run Reservoir with your little tadpoles for a hoppin' good time looking for frogs. Be prepared to get your feet muddy (no kidding). Pre-registration required Location: Motts Run Nature Center

Monday, 9:30am-10:15am

April 25

\$5/\$5 (resident/non-resident)



Earth Day Festival at Old Mill Park

**Saturday, April 23rd (raindate April, 30th)
11:00am-4:00pm**

It's FREE!
Visit www.earthdayfred.com
for all of the details



Mother-Son Canoe Float & Campfire

All Ages

What better way to end the week and begin your Mother's Day weekend than doing something fun outdoors with your son! Enjoy a paddle around the lake then come sit by the campfire. We'll enjoy s'mores, a few active songs, and other surprises. Perfect for moms of any age and their sons. All equipment provided. Pre-registration required. Location: Motts Run Reservoir.

Friday, 6:15pm-8:30pm

May 6

\$18 (Mom + Son) **additional son(s) \$6 each**



Dipnetting for Dragonflies

5yrs – Adult

Search the greening lakeshore for aquatic insects, tadpoles, crayfish, cricket frogs, and more! There's a world of wonder just beneath the water's surface. Wear mud shoes. Pre-registration required (kids must attend with paying adult). Location: Motts Run Nature Center.

Saturday, 10:00am-11:00am

May 14

\$6/\$6 (residents/non-residents)

Stream Survey

16yrs – Adult

Discover a world of wonder just below the water's surface! We'll use dipnets and kicknets to sample Hazel Run for macroinvertebrates (insect larvae and nymphs, crayfish, and more), then test the water for dissolved oxygen, pH, temperature, and turbidity. It's great fun and our final analysis will give us an idea of the health of this important Rappahannock River tributary. Wear watershoes (no flip flops) or boots. Pre-registration required Location: Alum Spring Park Pavilion.

Tuesday, 9:00am-11:00am

May 10

\$15/\$15 (residents/non-residents)

JUNE 4, 2016
OLD MILL PARK
FREDERICKSBURG, VA

ROCK THE RIVER
FXBG
2016

ROCKTHERIVERFXBG.COM



Motts Run Reservoir
Nature Center

Motts Run Reservoir Nature Center 2016 Volunteer Orientation

Saturday, March 5th

9:00-11:00am at the Motts Run Nature Center

Children welcome to volunteer with their parents!

Calling Nature enthusiasts of all ages! Volunteers needed to staff the Motts Run Nature Center on weekends from April through October. A ten-hour commitment requested for the season. We'll teach you everything you need to know! Must be 16 years or older.

Email Mimi Dempsey at mldempsey@fredericksburgva.gov



Visit www.earthdayfred.com
for all of the details

Earth Day Festival at Old Mill Park

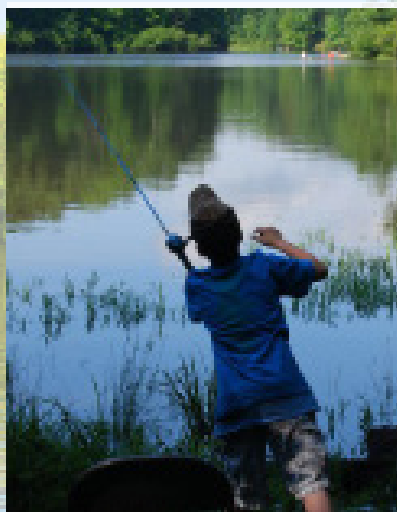
Saturday, April 23rd (raindate April, 30th)

11:00am-4:00pm

FREE

Enjoy dozens of environmental exhibitors, live music, great food, birds of prey, hands-on activities, and so much more along the beautiful Rappahannock River! Hike the Heritage Trail to the park with a friend or family member, and learn what you can do to reduce your impact on the planet while having great, FREE, fun. Bring your own water bottle for re-fills! ***New*** FRED Shuttle from James Monroe High School!

To get involved, visit: www.earthdayfred.com or contact: Linda Bailey (540) 372-1086 x 213.



Kids' Fishing Derby at Motts Run Reservoir

Saturday, June 4th

7:30am-10:00am On-site Registration

8:30am-11:00am Tournament

11:00am-12:15pm Weigh-In & Awards

FREE

For ages 4-16 years, Fishing, boat rental, games, prizes, vendors, hiking, picnicking...fun for the entire family! (Virginia Game Department 'Free Fishing Weekend' – no license required!)

VOLUNTEERS & SPONSORS NEEDED! For information please call Linda Bailey at (540) 372-1086 x213

Sponsored by Fredericksburg Parks & Recreation and the Weekend Bassers

Starfires

Starfires is an award-winning, continuing and progressive program that your children will love! These classes will perform in local parades, shows, and competitions. Starfires who wish to perform or compete in these events will have additional monetary requirements (uniforms and competition fees, etc) in addition to the class fees. Students are always welcome to join Starfires and wish not to perform and/or compete at any time. Be sure to have a copy of your birth certificate with you when you register. Try the first week's cheer and dance classes for FREE! – No experience necessary!

**** If you sign up for two classes in the same twenty week session, pay full price for the first class and get the second class in the same twenty week session for only \$50.00. – Must be paying Pay In Full Rate to apply.**

All classes are taught at the Dorothy Hart Community Center.

Starfires Tumbling

8yrs – 18yrs

This is for Starfires athletes only. Beginners will work on forward rolls, hand stands, cart wheels bridges, and round offs. Advanced will work on back bends, back walkovers, front and back handsprings, tucks, etc. Open is for any level. This class offers more one on one time for individuals. Classes are offered every three months.

Saturdays, 11:30am to 12:00pm (All Levels)

December 2015 – February 2016

And

March 2016 – May 2016

\$30/\$45 (resident/non-resident)

Starfires Junior Prep

6yrs – 11yrs (1st through 5th graders)

****1st graders: readiness level will be evaluated at the first practice.**

This is an exciting chance to learn high spirited DANCE routines, while developing poise, coordination and showmanship. Learn motions, kicks, jumps, leaps, turns, tumbling, and a variety of dance styles to great music.

Thursday, 5:30pm – 6:30pm

January 28 – June 9

Payment options:

In Full - \$85/\$90 (residents/non-residents)

**Payment Plan - \$50/\$53(residents/nonresidents)
due February 11 AND April 14**



Starfires Hot Ice Dance Team

12yrs -18yrs (6th through 12th grade)

This is an exciting chance to learn high spirited DANCE routines, while developing poise, coordination and showmanship. Learn motions, kicks, jumps, leaps, turns, tumbling, and a variety of dance styles to great music. This class is a chance to prepare for high school tryouts.

Thursdays, 6:30pm – 8:00pm

January 28 – June 9

Pay In Full Rate - \$100/\$110(residents/non-residents)

**Payment Plan - \$60/\$63(residents/non-residents) on
February 11 AND April 14**

Starfires Extremes (Cheer Team)

8yrs – 18yrs (3rd through 12th grade)

This is an exciting chance to learn high spirited CHEER routines while developing poise coordination and showmanship. Learn Cheer motions, kicks, jumps, tumbling, chants, stunts, and fun cheer routines. This class is a chance to prepare for high school tryouts.

Saturdays, 10:00am - 11:30pm

January 30 – June 11

Pay In Full Rate - \$100/\$110(residents/non-residents)

**Payment Plan - \$60/\$63(residents/non-residents) on
February 11 AND April 14**



Sports



Sports

Youth Spring Soccer

Players learn the fundamentals including dribbling, passing, shooting and teamwork. Practices are either Mondays & Wednesdays, or Tuesdays & Thursdays. Games are during the week and on Saturdays. All practices and games will be held at Dixon Park. The age determination date will be May 15, 2016. Registration begins January 5 for City residents and January 12 for Non-City residents. Deadline to register is February 11. There is a \$10 late registration fee. SPECIAL REGISTRATION FORM REQUIRED. Location: Dixon Park

Novice (6-7 yrs)

Rookie (8-9 yrs)

Junior (10-12 yrs)

Senior (13-16 yrs)

Mondays-Saturdays, March 14-May 7

Times Vary- weekdays, evenings and Saturdays

\$25/\$50 (residents/non-residents)

Spring Lil' Kickers Soccer

4 yrs-5 yrs

Lil' Kickers is our introduction to soccer program for kids. The program meets for one hour over five Saturdays and Dixon Park. Teams will practice for the first 30 minutes, and scrimmage for the last 30 minutes. No age waivers allowed. The age determination date will be May 15, 2016. Registration begins January 5 for City residents and January 12 for Non-City residents. Deadline to register is March 4. There is a \$10 late registration fee. SPECIAL REGISTRATION FORM REQUIRED. Location: Dixon Park

Saturdays, March 26-April 23

(No meeting April 2)

Session I – 9:00am – 10:00am

Session II – 10:00am – 11:00am

\$20/\$40 (residents/non-residents)



Youth Field Hockey

Field Hockey has quickly become one of the fastest-growing sports programs in the area. Grab your stick and sign up before it's too late. Practices are either Mondays & Wednesdays, or Tuesdays & Thursdays. Games are during the week and on Saturdays. All practices and games will be held at Dixon Park. The age determination date will be May 15, 2016. Registration begins January 5 for City residents and January 12 for Non-City residents. Deadline to register is February 11. There is a \$10 late registration fee. SPECIAL REGISTRATION FORM REQUIRED. Location: Dixon Park

Rookie (7-9 yrs)

Junior (10-11 yrs)

Senior (12-15 yrs)

Mondays-Saturdays, March 14-May 7

Times Vary- weekdays, evenings and Saturdays

\$25/\$50 (residents/non-residents)

Lil' Strikers Field Hockey

5yrs – 6yrs

Join this program that will introduce your child to Field Hockey and prepare them for our league. No waivers for Lil' Strikers will be allowed. The age determination date will be May 15, 2016. Registration begins January 5 for City residents and January 12 for Non-City residents. Deadline to register is March 4. There is a \$10 late registration fee. SPECIAL REGISTRATION FORM REQUIRED. Location: Dixon Park

Saturdays, March 26-April 23

(No meeting April 2)

Time TBD

\$20/\$40 (residents/non-residents)

Youth Baseball

Do you have the next Pujols, Jeter, Harper or Ortiz? Watch your children develop their talents through our exciting league. Each age division stresses skill development, sportsmanship, and friendly competition. The age determination date will be June 15, 2016. Registration begins February 16 for City residents and February 23 for Non-City residents. Deadline to register is March 25. There is a \$10 late registration fee. SPECIAL REGISTRATION FORM REQUIRED. Location: Sunshine Ballpark

T-Ball (6 yrs)

Coach Pitch (7-8 yrs)

Rookie (9-10 yrs)

Junior (11-12 yrs)

Mondays-Saturdays, April 25-June 11

Times Vary- weekdays, evenings and Saturdays

\$25/\$50 (residents/non-residents)

Spring Baseball Clinic

This clinic will teach the basic skills of baseball including throwing, fielding, hitting, bunting and other techniques in a non-competitive environment. Coach Jeremy Williams will introduce and improve player's skills through this clinic. Registration begins January 26 for City residents and February 2 for Non-City residents. Deadline to register is March 10. There is a \$10 late registration fee. This clinic is a great way to prepare for spring 2016 Baseball!

Rookie (8yrs-10yrs)

Monday-Wednesday, 5:00pm-7:30pm

April 4-6

\$15/\$20 (residents/non-residents)

Junior (11yrs-13yrs)

Thursday-Friday, 5:00pm-7:30pm

Saturday, 9:00am-10:30am

April 7-9

\$15/\$20 (residents/non-residents)

Blastball

4 yrs-5yrs

The ideal entry level of play for kids who will go on to more advanced levels of baseball. Blastball teaches the basics of T-ball and the fundamentals of hitting, running, and fielding while emphasizing teamwork and sportsmanship. No age waivers for Blastball will be allowed. Registration begins February 16 for City residents and February 23 for Non-City residents. Deadline to register is April 22. There is a \$10 late registration fee. SPECIAL REGISTRATION FORM REQUIRED. Location: Sunshine Ballpark

Saturdays, May 7-June 11

(No meeting May 28)

Times TBD

\$20/\$40 (residents/non-residents)

Fredericksburg Youth Running Club

9 yrs-14 yrs

Calling all runners! The Fredericksburg Youth Running Club (FYRC) aims to promote running and fitness to runners of all abilities and experiences. Participants will meet Saturday from 8-10 a.m. at James Monroe High School Track for practice and conditioning. Mock meets will be scheduled including running and field events. Registration begins January 26 for City residents and February 2 for Non-City residents. Deadline to register is March 10. There is a \$10 late registration fee. SPECIAL REGISTRATION FORM REQUIRED. Location: James Monroe High School

Saturdays, April 23- May 21

8:00am-10:00am

\$25/\$50 (residents/non-residents)

Youth Track & Field Meet

Come out and participate in this fun and FREE event! Boys and girls ages 9-14 will be able to demonstrate their athleticism in running, throwing and jumping events. Participants will compete in age groups according to their age on December 31, 2016. All participants must provide proof of age and pre-register to participate. Registration begins February 16 for City residents and February 23 for Non-City residents. Deadline to register is April 8. SPECIAL REGISTRATION FORM REQUIRED

Location: James Monroe High School

Saturday, May 7

9:00am

FREE



Girls Volleyball Clinic

Rookie (8-12yrs)

Junior (13-16yrs)

Have an interest in learning Volleyball? This clinic will teach the basic skills of Volleyball including passing, setting, serving and defensive techniques. Open to girls ages 8-16, all sessions will be held at the Fredericksburg Juniors Volleyball Club (FJVC) practice facility (1190 International Parkway, Fredericksburg, VA 22406). FJVC coaches and players will be instructing this clinic. Registration begins January 19 for City residents and January 26 for Non-City residents. Deadline to register is March 4. There is a \$10 late registration fee. SPECIAL REGISTRATION FORM REQUIRED.

Location: Fredericksburg Juniors Volleyball Club (1190 International Parkway, Fredericksburg, VA 22406)

Sundays, April 10-May 8

12:00pm-2:00pm

\$40/\$60 (residents/non-residents)

Youth Girls Volleyball

JV (9yrs-11yrs)

Varsity (12yrs-15yrs)

This program is for youth between ages nine and 15 years old. Players learn the fundamentals including passing, setting, serving and defensive techniques. Practice starts in June and will be held at the Fredericksburg Juniors Volleyball Club (FJVC) facility. Games will begin in July. This is a travel intensive program as league games will be played in Fredericksburg, Caroline, and King George. Age determination date is July 1, 2016. Registration begins May 3 for City residents and May 10 for Non-city residents. Deadline to register is June 4. There is a \$10 late registration fee.

Mondays-Saturdays, June 29 -August 1

Times TBD

\$25/\$50 (residents/non-residents)



Sports



Sports

Youth Girls Basketball

JV (9yrs-11yrs)

Varsity (12yrs-15yrs)

Learn the basic fundamentals in this league designed for fun, sportsmanship and teamwork. Practice starts in June and will take place at Walker-Grant Middle School. Games will begin Mid-June. This is a travel intensive program as league games will be played in Fredericksburg, Caroline, and King George. Age determination date is July 1, 2016. Registration begins May 3 for City residents and May 10 for Non-city residents. Deadline to register is June 2. There is a \$10 late registration fee after June 2.

Mondays-Saturdays, June 6 -August 6

Times TBD

\$40/\$60 (residents/non-residents)

Midnight Madness Summer Series

11yrs-17yrs

This summer series, for City residents only (zipcode must be 22401), is designed to provide a positive experience for the youth throughout the summer. We will have multiple nights of Splash Time at Dixon Park Pool. In partnership with the City Schools and Police Department, bus transportation will be provided to and from Walker Grant Middle School and Dixon Park Pool. Participants must be 11yrs by June 19 to start the program. There will be no age waivers for this program, no online registration, and no on-site registration. Registration opens April 4, 2016. You must register in person, with a birth certificate, at Dorothy Hart Community Center.

Fridays, June 17 – August 26

8:00pm-11:00pm

Free

THANK YOU

A huge thanks for our coaches, volunteers, players and parents who helped make our season successful. We look forward to working with you in season to come! Want to sponsor or coach a team? Contact Justin Bullock at 540-372-1086 x224

Fall 2015 Coaches

Allison Newcomb
Alex Wright
Alexandra Zaffram
Alfred Maass
Amanda Hensen
Amy Hutcherson
Andrew Wonpat
Andy Wolfenbarger
Angie Perry
Aubree Lipinski
Aubrey Heflin
Ben Laake
Bill Monroe
Bill Williams
BJ Poorbaugh
Brandy Sanders
Brent Brady
Brian Lengle
Brittany Fowler
Butch Dreany
Caleb Curfman
Charles Ledroux
Chris Lipinski
Corey Louton
Daniel Pierson
Danielle Bush
Darren Billington
David Rouse
David Sullivan
Dawn Hamrick
Devon Lambert
Diane Bestick
Donnie Seal
Donya Johns Sr.
Evanthin Euripides
Garrett Green
Garry Johns
Gib Montgomery
Greg Wheatley
Heather Holsinger
Jack Johnson
James Buckle

Jason Luck
Jeff Bartlett
Jeffrey Chadwell
Jennifer Gallaway
Jennifer Lengle
JoAnne Patton
Joe Puliot
Jorge Beltran
Joseph Behnke
Julian Bumbrey Jr.
Karen Myers
Katie Blashford
Keith Larimore
Kelly Ulmer
Ken Wallace
Kimberly Taylor
Kristie Harmon
Lance Williams
Libby Baker
Lisa Stafford
LuAnne Larimore
Margaret Gallagher
Matt Bradshaw
Matt Denson
Michael Euripides
Mike Blashford
Mike Morin
Mike Simpson
Nate Robinson
Patricia Hunke
Patrick Whalen
Paul Horn
Raina Boyd
Ralph Lewis
Randy McNulty
Romel Turner
Ron Tiberio
Sara Wallace
Sarah Atkinson
Sean McAskill
Shane Emerson
Shawn Teague

Sherry Bove
Stephanie McVade
Stephanie Wise
Teresa Waineo
Tim Bahre
Todd Lynskey
Todd Robbins
Trevor Daniel
Wil Gravatt
Willis Twum

Fall 2015 Sponsors

Bartlett Tree Experts
Central Va. Orthopedics & Sports Medicine
Colonial Internal Medicine Associates
Goodfellers Tree Service
Gravatt Entertainment
Green Fitness
Insight Technology Group
Iron Pig Off Road
JOHN ROBB Custom Homes, Inc.
Life Touch Sports
Papa John's
Play-It-Again-Sports
Reid Engineering
Reliable CAD Solutions
Republic Home Builders
The Chimney Sweep
The Hair Studio of Olde Towne
The Virginia Deli
Tranquility Dental Center

Would you like to coach, sponsor or volunteer with our youth? Email us! fredprpf@fredericksburgva.gov



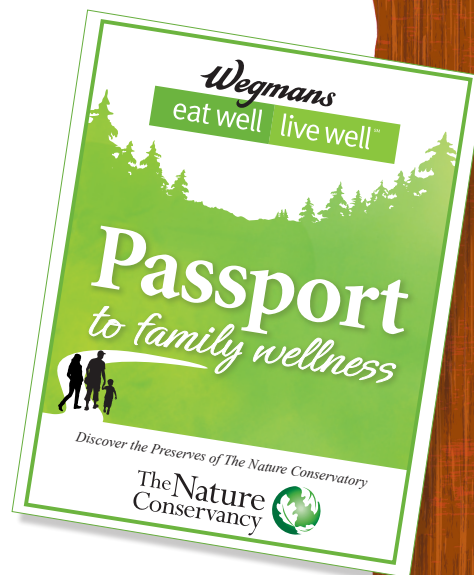
Pick up a Wegmans Eat Well, Live Well Passport to Family Wellness

Your guide to your local walking, bike and canoe trails.

Since 2005, Wegmans has been partnering with town and city recreation programs and park conservancy groups to encourage folks to **get moving** by taking advantage of town and county trails in their own communities.

Each passport details the location and terrain of numerous trails within each area. When you've hiked the trail, rub the trail marker in your booklet to earn prizes later on.

Get moving today!



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we serve



Where can you get your passport?

Visit wegmans.com/wellnesspassport or Wegmans Service Desk



Fitness & Dance



Isshinryu Karate

8yrs – Adult

This program is for adults and children alike to help develop coordination, muscle tone, and self confidence. The instructor does more than teach the basic karate movements; he also works on discipline and respect for others. It's a fun, inexpensive way to experience all the value of a martial arts program. And parents, you can take it with your kids! Pre-registration required. Location: Dorothy Hart Community Center

Saturdays, 10:00am – 12:00pm

January 9 – February 13

March 5 – April 9

April 30 – June 11 (No class May 28)

\$35/\$45 (residents/non-residents)

Junior Karate

5yrs – 7yrs

This class is a great introduction into the world of martial arts for children. It is an excellent way to develop self confidence, balance, and discipline. Pre-registration required. Location: Dorothy Hart Community Center

Saturdays, 9:00am – 10:00am

January 9 – February 13

March 5 – April 9

April 30 – June 11 (No class May 28)

\$35/\$45 (residents/non-residents)

Beginner Pickleball Lessons

18yrs - Adult

Pickleball is the fastest growing adult sport in the country. Played on a badminton court with the net lowered to 34 inches, the sport encompasses elements of tennis, racquetball and ping-pong. We will teach the basic skills of the sport including equipment, game play, rules, scoring, strokes, serve and game etiquette. All participants will receive a copy of Prem Carnot's Smart Pickleball: The Pickleball Guru's Guide as a part of program registration. All equipment provided. Registration begins February 23 for City residents and March 1 for Non-City residents. Deadline to register is March 31. There is a \$10 late registration fee. SPECIAL REGISTRATION FORM REQUIRED. Location: Kenmore Park

Thursdays, April 7-28

12:00pm - 2:00pm

\$40/\$45 (residents/non-residents)

Advanced Beginner Pickleball Lessons

18yrs - Adult

This is a class for those who have played some Pickleball at the beginner/social level and participated in the Beginner Pickleball course through Fredericksburg Parks and Rec. It moves fast to get you up to low intermediate level as soon as possible. We will teach skills, tactics and strategies to work on consistency in basic shots, coming to the nets and dinks. All equipment provided. Registration begins March 29 for City residents and April 5 for Non-City residents. Deadline to register is April 28. There is \$10 late registration fee. SPECIAL REGISTRATION FORM REQUIRED. Location: Kenmore Park

Thursdays, May 5-26

9:00am-11:00am

\$20/\$25 (residents/non-residents)

Spring Pickleball Showdown

Adults 18+

This outdoor tournament will feature a drop flight bracket and partner combination may be either male or female. Tournament play is subject to change based on participant numbers. Registration will begin March 1 for City and Non-City residents. Deadline to register is April 14. There is a \$10 late registration fee. SPECIAL REGISTRATION FORM REQUIRED. Location: Kenmore/Memorial Park

Thursday, May 5

9:00am

\$20 per team

Looking to have fun playing Pickleball with other local participants? Open play is held daily Monday-Friday (weather permitting) at Kenmore Park from 2pm-4 pm.

Oriental and Tribal Dance Class and Mixer

12yrs – Adult

The ancient art of "belly dance" is a natural and creative form for any age or body type. Each night includes "Intro – Practice – Dance:" and introduction of different moves. New dance combinations each week to exotic music and rhythms. See FxbgBellydance on Facebook. Pre-registration required. Location: Dorothy Hart Community Center

Wednesdays, 7:00pm – 9:00pm

January 6 – January 27

February 3 – February 24

March 2 – March 23

April 6 – April 27

May 4 – May 25

\$49/\$60 (residents/non-residents)

\$15/drop in

Active Older Adults Group Fitness Punch Card Programs

Group Fitness classes require a Group Fitness Punch Card. These cards allow you the flexibility to choose and try any and all fitness classes. Take a look at our offerings to see what fits your busy schedule and stop in to purchase your card to good health today! Class times are subject to change. All fitness classes are 50 minutes in length and on-going with no specific start date unless otherwise stated in the description below. Location: Dorothy Hart Community Center



Strength, Tone and Sculpt

If you want strong bones and to build muscles that burn fat, then come join us. We work on our entire body including upper body, lower body, and abdominals through the use of free weights, flexibility ball, and exercise tubes.

Instructor: Pam Wrobel, ACE & CPR Certified.

Mondays and Wednesdays

6:00pm-6:50pm

Early Morning Sculpt and Tone

Start your day off with this early morning workout. This program includes a variety of exercises to include ballet, yoga and Pilates to strengthen, tone, and keep you flexible. You'll find you have more energy throughout the day and be glad you got out of bed in time to get in shape.

Instructor: Pam Wrobel, ACE & CPR Certified

Mondays, Wednesdays, Fridays

8:10am-9:00am

Cardio and Strength Training for Active Older Adults

This unique strength training program is specifically geared toward the Active Older Adult. We combine low impact cardio elements, resistance training, along with cord condition floor work. We'll end class with relaxing stretches, which will help improve flexibility and also reduce stress. A perfect way to end your workout!

Instructor: Teresa Powell, CPR Certified.

Tuesdays

8:30am-9:20am and 1:00pm-1:50pm

Thursdays

1:00pm-1:50pm

Group Fitness classes require a Group Fitness Punch Card.

These cards allow you the flexibility to choose and try any and all fitness classes. Each time you attend a class, it is 1 punch. Group Fitness Punch Cards expire 30 days from purchase and can only be acquired in person at the Dorothy Hart Community Center.

Group Fitness Punch Card Options and Fees:

30 Day Pass (Unlimited Classes) - \$40/\$45 (res/non-res)

Flex 12 Punch Card - \$35/\$40 (residents/non-residents)

Flex 8 Punch Card - \$30/\$35 (residents/non-residents)

Drop in fee for any class \$5

Pilates for the Beginner to Intermediate Levels

Pilates is for all ages, genders and abilities! Most body aches and pains are due to muscular imbalance. Pilates strengthens the muscles that support the spine (the neck, shoulders, abdominals, hips and thighs); assisting to realign the spine and strengthen the body from the inside out. This class will focus on activating deep muscles while helping tone, streamline and improve your posture through the emphasis on body conditioning, core muscle training, and flexibility. You will also learn to do Pilates exercises with props, such as small balls, large medicine balls, stretch bands, hand weights, pilates rings and foam rollers. Instructor: Teresa Powell, CPR Certified

Mondays, Wednesdays, Fridays

11:30am-12:20pm

Balance and Gentle Stretching

This class addresses the issue of core stability through balance exercises. Gentle stretching would target the flexibility of individuals; keeping them limber for daily activities.

Instructor: Pam Wrobel, ACE & CPR Certified

Tuesdays and Thursdays

8:15am-9:00am



FREDERICKSBURG BIG BAND



50TH ANNIVERSARY

Sunday

March 6, 2016

University of Mary Washington

Dodd Auditorium

2:00

Free Admission

Sponsored by

Fredericksburg Parks and Recreation



www.fredericksburgbigband.com

Heartsaver First Aid and CPR/AED Certification

14yrs – Adult

Heartsaver® First Aid CPR AED is a classroom, video-based, instructor-led course that teaches students critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical services (EMS) arrives. Please bring bag lunch. Pre-registration required. Location: Dorothy Hart Community Center

Friday, 9:00am – 5:00pm

January 15

February 12

March 11

April 8

May 13

\$55/\$60 (residents/non-residents)



ASHI Pet First Aid

14yrs – Adult

Consider this statistic one out of four pets would survive if just one pet first aid technique was applied prior to getting emergency veterinary care, according to the American Animal Hospital Association. The time is now for you to arm yourself with knowledge and know how to act in a pet emergency. Pre-registration required. Location: Dorothy Hart Community Center.

Friday, 9:00am – 1:00pm

January 22

April 15

\$40/\$45 (residents/non-residents)

Sign up for one of our Dog Manners Class and get \$5.00 off your ASHI Pet First Aid class!

Bring your dog(s) to our Easter Egg Hunt, details on page 29!

Basic Dog Manners (Daytime & Evening)

16yrs – Adult

Using positive reinforcement methods, your dog will learn the commands needed to pass the AKC Good Citizen Test. Through your commands the dog will learn to come, sit (and stay), down (and stay) and heel. Dogs of all ages and sizes are welcome, but the dog must be at least 14 weeks old and have had at least 2 of 4 puppy vaccinations. Participants in all classes must show current veterinary vaccination at first night's orientation. Dogs must attend ALL five classes. Pre-registration required. Location: Dorothy Hart Community Center

Wednesdays, January 27- February 24

2:30pm – 3:30pm (Daytime)

7:00pm – 8:00pm (Evening)

\$89/\$99 (residents/non-residents)



Advanced Dog Manners

16yrs - Adult

For the dogs that came to a basic skills class and now want to hone their attention and obedience response vocabulary, this is the class for you. We will work on all ten tasks of the AKC Canine Good Citizen Test as part of our school work. Owners working on their AKC Novice work may wish to practice a run-through of the AKC Novice work as their graduation. Pre-registration required. Location: Dorothy Hart Community Center

Wednesdays, 1:00pm – 2:00pm

January 27- February 24

\$89/\$99 (residents/non-residents)

4th Annual Doggie Easter Hunt

Dogs on leash hunt for prizes, treats, and toys!! When the dog touches or sniffs one of the many treats, prizes or toys into your basket it goes. This year we will have a Doggie Fashion Show: Dress your dog up in their Easter finest! Walk the runway and compete for awesome prizes in "Big Dog" and "Little Dog" categories. Half of all registration will be given to the Fredericksburg SPCA. All dog parents are required to sign release acknowledging their dog(s) is current on shots and healthy enough to participate. Dogs must be 12 weeks old. A small dog area will be available for dogs less than 15 lbs. Pre-registration recommended! On-site registration will be available if space permits.

Saturday, March 19

Memorial Park, 12:30pm – Until all treat are gone!

\$5 for up to two dogs



Adult Special Interest



Adult Special Interest

Johnny's Thursday Watercolors Class

18yrs – Adults

ADVANCED CLASS. MUST HAVE INSTRUCTOR'S PERMISSION TO REGISTER

Thursdays, 10:00am – 12:00pm

March 24 – June 9

\$42/\$54(residents/non-residents)

Water Color I

16yrs– Adult

Find your particular style and feel your creative energy flow as you learn the basics of how to begin painting your own watercolors. Each student will work on 4 pieces throughout the course. Pre-registration required.

Location: Atrium Gallery Art Studio

Tuesdays, March 8 – March 29

10:00am – 12:00pm (Daytime)

7:00pm -9:00pm (Evening)

\$41/\$46(residents/non-residents)

Water Color II

16yrs – Adult

For those who have taken the Watercolor I class or have some watercolor experience and want to continue with your painting. Paint with confidence as your skills continue to improve and you share your work with others. Supply list provided upon registration. Pre-registration required Location: Atrium Gallery Art Studio

Tuesdays, April 5 – April 26

10:00am – 12:00pm (Daytime)

7:00pm -9:00pm (Evening)

\$41/\$46(residents/non-residents)



Acrylic I

16yrs – Adult

This easy, portable art will offer even beginning artists a chance to express themselves with paint. We'll look at basic acrylic techniques; try an acrylic collage, a wash, and a still life. Pre-registration required.

Location: Atrium Gallery Art Studio

Wednesdays, March 9 – March 30

10:00am – 12:00pm (Daytime)

7:00pm -9:00pm (Evening)

\$41/\$46(residents/non-residents)

Acrylic II

16yrs - Adult

For those who have taken the Acrylic I class or have some acrylic experience and want to continue with your painting. Each student will continue to work at his/her pace to complete different projects. Supply list provided upon registration. Pre-registration required. Location:

Atrium Gallery Art Studio

Wednesdays, April 6 – April 27

10:00am – 12:00pm (Daytime)

7:00pm -9:00pm (Evening)

\$41/\$46(residents/non-residents)

Knitting I

16yrs – Adult

Knit your very first sweater as we show you the basics in four easy lesson plans and then you will be on your way. Supply list provided upon registering. Pre-registration is required. Location: Atrium Gallery Art Studio

Thursdays, March 10 – March 31

10:00am – 12:00pm (Daytime)

7:00pm -9:00pm (Evening)

\$40/\$45(residents/non-residents)

Knitting II

16yrs - Adult

Learn to read stitches and make your own designs as you complete a beautiful shawl in our more advanced class. Supply list provided upon registering. Pre-registration is required. Location: Atrium Gallery Art Studio

Thursdays, April 7 – April 28

10:00am – 12:00pm (Daytime)

7:00pm -9:00pm (Evening)

\$40/\$45(residents/non-residents)



Non-Profits 101: Getting Started (online course)

13yrs - Adult

Learn about the business type and the processes for: incorporating at the state level, receiving a federal Employer Identification Number (EIN) and applying for tax exempt status. Includes course manual. Offered by: College & Career Services, LLC Class is online. Questions about the class may be directed to daydreamsva@gmail.com or call 540-848-3719. Times and directions for online class will be given after you register.

Monday - Saturday

Session I: February 8 – 13

Session II: May 9 -14

\$35/\$40 (residents/non-residents)

Basic RAD

16yrs – Adult

A four-week course for women only--focuses on physical defense and ways to avoid potential attacks. You will learn punches, kicks, and ways to get away from an attacker. This program is being brought to you in conjunction with the Fredericksburg Police Department. Pre-registration required. Location: Conference Room, Fredericksburg Police Department

Tuesdays, 7:00pm – 10:00pm

February 2 – February 23

\$12/\$12(residents/non-res)

Is your New Year's Resolution to learn a new language?

To finally take that dream vacation to Italy or South America? Beginner level SPANISH and beginner or advanced ITALIAN will help you do just that! Visit us at www.fredericksburgva.gov/parksandrec and follow "Online Registration" for session dates, cost and more.

Presented by the Fredericksburg Parks & Recreation Department and Woman's Club of Fredericksburg

65TH FREDERICKSBURG ART SHOW & SALE



*Best in Show Winner 2015:
Linda M. Bronski "Square One"*

MARCH 18 - MARCH 20

Call for Artists: Entry forms will be available at mid-January at www.fredericksburgva.gov/specialevents.

Show Hours*:

Friday - Sunday 12:00pm - 6:00pm**

Show will be on display at the Dorothy Hart Community Center
located at 408 Canal St, downtown Fredericksburg

*Event is subject to inclement weather. **Show hours are subject to change. Please register for Fredericksburg Alert to be notified.
(540) 372-1086 for questions or information



Adult Special Interest

Photography Classes

These classes are perfect for both the beginning and more experienced photographers. Whether being behind the lens is a hobby or a business for you, these classes will fine tune all of your skills. All classes are held at Maury Commons. Pre-registration required. Class Questions? Email Vincent Knaus at VincentKnaus@mac.com.

Intro to DSLR Photography

14yrs - Adult

Do you have a Digital Camera that has more buttons, modes and menus than you can figure out? Would you like to learn about digital photography? In this class you will learn about ISO, f-stops, shutter speeds, white balance and the various modes of digital cameras. Bring your DSLR or Point & Shoot camera and owner's manual to class and learn how to use your digital camera. Pre-registration is required. Location: Maury Commons. \$15/\$15 (residents/non-residents)

Saturday, 10:00am – 12:00pm
January 9
April 30

Thursday, 10:00am – 12:00pm
February 11

Monday, 7:00pm – 9:00pm
March 14

Photography - Understanding Exposure

14yrs - Adult

Do you have trouble figuring out how to get the best exposure for the photos you want to make? This class will help you understand what exposure choices you have when making photos. Learn to control the camera so that you get the exposures you want. Pre-registration is required. Location: Maury Commons. \$15/\$15 (residents/non-residents)

Saturday, 10:00am – 12:00pm
January 16
May 7

Thursday, 10:00am – 12:00pm
February 18

Monday, 7:00pm – 9:00pm
March 21

Photo Composition

14yrs - Adult

Would you like to improve your ability to compose great looking photos? In this class we will explore composition techniques that will help you do just that no matter what kind of camera you own. Leading Lines, The Rule of Thirds, Keep It Simple, Use of Color and Cropping to improve your composition are some of the techniques that will be covered. Pre-registration is required. Location: Maury Commons. \$15/\$15 (residents/non-residents)

Saturday, 10:00am – 12:00pm
January 23
May 14

Thursday, 10:00am – 12:00pm
February 25

Monday, 7:00pm – 9:00pm
April 4





Organizing Your Photos in Lightroom

14 yrs – Adult

Understanding how Lightroom's Library module can help you get all of your photos organized is essential. Using keywords, metadata, flags and ratings are just a few of the topics that will be covered in this class. A laptop with Lightroom preloaded will be helpful but not essential. Pre-registration is required. Location: Maury Commons. \$15/\$15 (residents/non-residents)

Saturday, 10:00am – 12:00pm
January 30
May 21

Thursday, 10:00am – 12:00pm
March 3

Monday, 7:00pm – 9:00pm
April 11

Processing Your Photos in Lightroom

14 yrs - Adult

Learn how to use Lightroom's Develop module to process and enhance your photos. This class will cover using basic adjustments in Lightroom to automating your workflow with presets. A laptop with Lightroom preloaded will be helpful but not essential. Pre-registration is required. Location: Maury Commons. \$15/\$15 (residents/non-residents)

Saturday, 10:00am – 12:00pm
February 6

Thursday, 10:00am – 12:00pm
March 10

Monday, 7:00pm – 9:00pm
April 18





Adult Special Interest



Free Income Tax Assistance

Free Income Tax Assistance for seniors and others who may need help with 2015 personal state and federal income tax returns is co-sponsored by the AARP and Fredericksburg Parks & Recreation.

SPECIAL NOTICE FOR ALL: EVERYONE WILL NEED TO DOCUMENT THEIR HEALTH INSURANCE COVERAGE IN ORDER TO RECEIVE SERVICE THIS YEAR. THOSE WHO RECEIVE THE NEW IRS FORM 1095 “(HEALTH INSURANCE MARKETPLACE STATEMENT” IN THE MAIL MUST BRING IT WITH THEM FOR TAX AIDE SERVICE. PLEASE WATCH FOR INFORMATION WHICH WILL BE MAILED TO YOU DIRECTLY FROM YOUR INSURANCE PROVIDER ON THIS SUBJECT AS NO FURTHER TAX AIDE SERVICE ANNOUNCEMENTS WILL BE MADE PRIOR TO THE START OF OUR TAX PREPARATION SEASON.

To receive service on a first-come, first-served basis, you must come to the Community Center in person (married/disabled persons see below).

REQUIRED IDENTIFICATION: You must bring Social Security cards for all persons listed on the return (self, spouse, children and other dependents) AND a government issued photo I.D. (Virginia driver's license or I.D. card, passport, or military I.D. card). IDENTIFICATION WILL BE CHECKED BEFORE WE CAN PROCEED FURTHER. THIS IS AN IRS REQUIREMENT WHICH OUR VOLUNTEERS CANNOT WAIVE!

In addition, please bring the following with you: copies of last year's (2015 tax year) tax returns, all forms W-2, 1099s issued to you, and all other documentation of income sources (job and investment income, etc.) and/or deductions (taxes paid, mortgage interest, charitable contributions, etc. PLEASE TAKE THE TIME TO OPEN ENVELOPES, SORT, AND ORGANIZE YOUR DOCUMENTS AND TOTAL YOUR RECEIPTS BEFORE COMING IN TO THE CENTER!

Due to the program's popularity, we suggest you arrive prior to 12noon; although not guaranteed, we make every attempt to provide same-day service. Please note that we will help with filing of amended tax returns from prior years only if time is available after all 2015 tax filers have been served. MARRIED: Both spouses must come to the Community Center in person to receive tax return assistance. (Spouse or a personal representative must bring a Power of Attorney for a disabled or other incapacitated person—sorry, no exceptions.) DISABLED: A personal representative must bring a Power of Attorney to the Community Center to act in your behalf—sorry, no exceptions.) ALL OTHER INFORMATION ABOVE ALSO APPLIES.

Tues & Thurs ONLY 9:30a.m.—1:30 p.m. Feb 2, 2016 – Apr 14, 2016

Bus Trips

Philadelphia Flower Show - "Explore America"

14yrs – Adult

From steamy to petrified, hot springs to arctic, and Redwood to Yellowstone, the largest Flower Show in the United States celebrates 100 years of the National Park Service.

Trip includes, room, ticket to the show, transportation, baggage handling, taxes, and a full breakfast before we depart from our hotel for the show on Saturday, March 5, 2016. We will be staying at the Hilton Garden. Trip leaves and returns to the Dorothy Hart Community Center. Registration Deadline: January 30, 2016

Friday, 6:00am – Saturday 11:00pm

March 4 - March 5

Single Occupancy \$380 (residents/non-residents) per person

Double Occupancy per/person \$285(residents/non-residents)

Triple Occupancy per/person \$255(residents/non-residents)



South Dakota - The Black Hills & Badlands

14yrs – Adult

This is a once in a life-time trip! Highlights include Mt. Rushmore, Crazy Horse Memorial, Black Hills Gold, Needle Highway, Custer State Park, Deadwood, Lead Badlands National Park and Hot Springs. Fee includes round trip Air from Washington DC, Air Taxes and Fee/Surcharges, Hotel Transfers, seven days, six breakfasts and three dinners. Trip leaves and returns from Washington, DC. Registration deadline: February 13, 2016. \$250 is due at the time of reservation. Final payment is due by June 13, 2016.

Tuesday, August 23 – Monday, August 29

Single Occupancy \$2,699 per person

Double Occupancy per/person \$2,199

Triple Occupancy per/person \$2,169

Travel Insurance is available ask for details upon registering

SPECIAL ANNOUNCEMENT: Want to learn more about this trip? On January 20, 2016 we will host a presentation where you can ask questions, view a video and talk directly with our travel company. Dorothy Hart Community Center at 6:00pm.

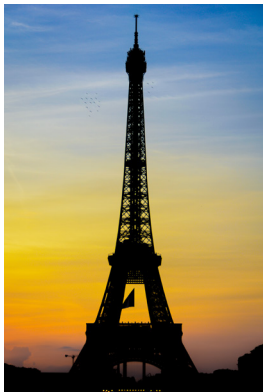


Trips & Travel



VisitFred.com to plan your next day trip or adventure in your own backyard!

Bus Trips



Spotlight on Paris

14yrs – Adult

Yes we are going to Paris! Highlights for this trip include Eiffel Tower Dinner, Seine River Cruise, Arc de Triomphe, Reims, and Paradise Latin Cabaret. Come to know this city famous for world-renowned art, food and fashion. Its rich history will astound you while its style dazzles. Fee includes round trip Air from Washington DC, Air Taxes and Fees/Surcharges, Hotel Transfers, seven days, five breakfasts and two dinners. Trip leaves and returns to Washington, DC. Registration deadline: March 29, 2016. \$250 is due at the time of reservation. Final payment is due by July 22, 2016.

Tuesday, October 4 – Return, October 10

Single Occupancy \$4,299

Double Occupancy per/person \$3,499

Travel Insurance is available ask for details upon registering



Savannah, GA, Jekyll Island & Beaufort, SC

14yrs – Adult

Join us as we get a taste of old-world Southern charm on our bus tour of Savannah, Jekyll Island and Beaufort, South Carolina! This is more than just a bus trip, this trip includes many, many extras including four nights lodging, eight meals(four breakfast/four dinners), tour of Jekyll and St. Simon's Island, tour of Beaufort, SC, "Queen of the Carolina Sea Islands, and a tour of Savannah including a visit to a historic and famous home. Trip leaves and returns to the Dorothy Hart Community Center. Registration deadline: May 16, 2016

Monday, 8:00am - Friday, 6:00pm

September 19 - September 23

Double Occupancy per/person \$489 (residents/non-residents)

Travel Insurance is available ask for details upon registering

****Single and triple rate may be available call to get rate**



National Zoo Trip

4yrs – Adult

This is a favorite trip and we are looking forward to a great day! The Zoo is a 163 acre park featuring more than 400 different species of animals. It is great way to spend a day with your family or with friends. Trip leaves and returns to the Dorothy Hart Community Center. Pre-registration is required Wear comfortable shoes and bring a bag lunch. Registration deadline: May 20, 2016

Saturday, 9:00am – 5:00pm

June 4

\$35/\$35(residents/non-residents)

(14yrs and up)

\$25/\$25(residents/non-residents)

(8yrs – 13yrs)

\$20/\$20(residents/non-residents)

4yrs – 7yrs)

*****Children three and under are free with paying adult**

65th Fredericksburg Art Show

Co-sponsored by the Woman's Club of Fredericksburg

Friday, March 18 – Sunday, March 20

Dorothy Hart Community Center, Auditorium

Free Admission – Donations accepted

Explore the amazing talents of local artists and their artistic visions through paintings, drawings, photography, mixed media and more. This display will not only enrich your imagination but funds raised will go to help the youth in our community do the same. Find that special piece that speaks to you and purchase it for your home or business. Interested in being in the show? Entry forms will be available online in January. Download entry form at www.fredericksburgva.gov/parksandrec under "Special Events."

4th Annual Doggie Easter Hunt

Saturday, March 19

Memorial Park, 12:30pm – Until all treat are gone!

\$5 for up to two dogs

Dogs on leash hunt for prizes, treats, and toys!! When the dog touches or sniffs one of the many treats, prizes or toys into your basket it goes. This year we will have a Doggie Fashion Show: Dress your dog up in their Easter finest! Walk the runway and compete for awesome prizes in "Big Dog" and "Little Dog" categories. Half of all registration will be given to the Fredericksburg SPCA. All dog parents are required to sign release acknowledging their dog(s) is current on shots and healthy enough to participate. Dogs must be 12 weeks old. A small dog area will be available for dogs less than 15 lbs. Pre-registration recommended! On-site registration will be available if space permits.



Special Events



FARM Fresh Produce, Meats, Baked Goods, Cheeses, Honey...
all local, all fresh. 2016 Season April - October

• MARKET EVENTS •	• LOCATIONS •
Kids' Market - June 4	HURKAMP PARK
Farmers Market Week - August 6	Prince Edward & George Street 7:00am – 2:00pm, Monday through Saturday.
Community Day - September 3	Vendors are present year-round, but the market is managed from the third Saturday
Harvest Festival - October 1	in April through the last Saturday in October.
Art in the Park - 1st and 3rd	
Saturday, May - October	MAYFIELD
	Corner of Tyler and Dixon Street, 3:30pm-6:30pm, Thursdays in May through October.

 (540) 372-1086 • marketmanager@fredericksburgva.gov
www.THEFARMERSMARKET.co



Daddy-Daughter Dance

Friday, February 12

6:30pm – 8:00pm

\$18 (Daddy + Daughter) **additional daughter(s) \$6 each**

See page 4 for details

Earth Day

Saturday, April 23

See page 12 for details

Mother-Son Canoe Float & Campfire

Friday, May 6

See page 11 for details

Kids Fishing Derby

Saturday, June 4

See page 12 for details



20th Annual Rappahannock Regional Soapbox Derby

Sponsored by Fredericksburg Parent & COX Communications

Saturday, June 11

William St. hill, beginning at 8am

This community jewel is celebrating 20 years of children 8yrs-20yrs racing down William St. at top speeds to become the next champion in their division. Registration forms will be available online in February. Download form and get sponsorship information at <http://fredericksburgsoapbox.com> SPONSORS NEEDED!

Celebrate Your
Birthday at

Motts Run Reservoir!

Give your little naturalist the
type of party they will never
forget!

Choose from a frog, snake, or
bug themed party and let our
nature educators provide the
fun!

Make your
reservation now!



Contact Fredericksburg Parks & Recreation at 540-372-1086 or
email Mimi Dempsey at mldempsey@fredericksburgva.gov

Get Out and Walk



Special Events

Walking **30 minutes a day** can help you...



Connect

with family, friends and neighbors



Stay Healthy

and reduce your risk of many conditions



Save Money

on travel and doctors' visits



Boost Your Mind

and feel good about yourself



Help the Planet

by reducing air pollution

Get walking every day with these tips:



Start Slow

Just 10 minutes at a time is a great way to get started!



Make a Plan

Put walking on your calendar to make sure you have time to walk.



Walk Fast

Fast enough that you cannot sing, but are able to talk.



Find a Buddy

Walk with a partner to help you stick to your walking plan and connect with others.



Walk Instead of Drive

Find a safe route to walk to work, school, the store or other places you normally would drive.



Change Your Scenery

Walk in a park or trail you've never visited. Discover new places and have fun!

Your local park is a great place to walk everyday.



Weekend Bassers Presents:

2:10 1 6



Motts Run Reservoir

Sunday, Feb. 28, 2016 & Saturday, Mar. 12, 2016

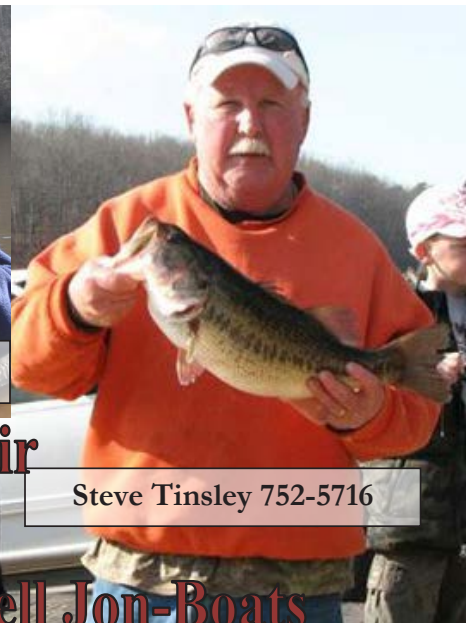
7:30 AM – 3:00 PM



Ray Thomas 898-7542



Dickie Musselman 785-8087



Steve Tinsley 752-5716

Motts Run Reservoir
will be open to
the public and renting Live-Well Jon-Boats

Entry Fee: \$40.00 per team with \$5
going towards big fish.

Breakdown: 70% Payback with 30%
going to the Kids Fishing Derby
and other beautification projects at
Motts Run Reservoir.

Trophies for 1st Place and BIG Fish!

Tournament Rules:

- Two people per boat
- 5 fish limit per boat (must cull fish prior to weigh in)
- Live well or cooler
- Size limit 10" and over
- Artificial Bait only
- No drugs or alcohol

fredericksburg parent & family

PARENTING
MEDIA ASSOCIATION

**2013 Silver
Award Winner**

General Excellence

14 years as THE Local Parenting Resource Magazine
National Award Winning
Voted Area's Best Event Calendar

www.FredParent.net





librarypoint.org



Do you have a library card?

Your library card is the most important card you'll ever own! If you already have one, that's great, but what about your spouse? Your child? Your dad? Get one for every member of your family. As a key to lifelong education, a ticket to new opportunities and experiences, and an all-access pass to everything the CRRL has to offer, how can you do without?

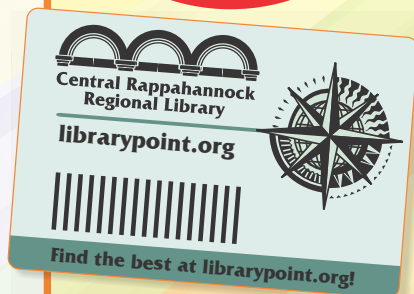


Kindergarten Library Card Campaign

We are partnering with your child's school to ensure that every kindergarten student has a free library card.

Between January 18–22, your student will bring home an application.

Simply fill it out, return it to school, and look for your child's library card to arrive in your mailbox in March.



Take Your Child to the Library Day

Saturday, February 6

Celebrate the importance (and fun) of taking your child to the library. Drop by the Youth Services Desk at any branch to enjoy an activity and get a prize! Of course, be sure to visit your library all year round!

21st Annual TEEN ART SHOW

Headquarters. Entries accepted February 16–23, at the Youth Services Desk. Exhibit February 27–March 24. Applications available at all branches and at librarypoint.org. Cash Prizes! Grades 9–12.

Fabulous Friday: Journey to Freedom

Explore the role of African Americans in local history.

Headquarters, February 12, 4:30–5:15

Snow, Friday, February 12, 4:30–5:15

Salem Church, February 19, 4:30–5:15



Symbols of Racism

Headquarters, Monday, February 22, 6:30–8:00. Carlos Cato, of the Defense Equal Opportunity Management Institute, presents a program on the symbols of racism in America, their origin, and status today.

Panel Discussion–Race Relations

Headquarters, Wednesday, February 24, 6:30–8:00. Carlos Cato moderates a panel discussion on the evolution and expression of race and racism in America. The panel includes local representation from Native American, African American, and Asian American communities.

Art Show Highlights

Headquarters, January: Johnny Johnson's Workshop

England Run, February: Peggy Wickham

Porter, February: Stafford County Senior Citizen Artists, Stafford County Parks and Recreation



For information on many other classes, events, and workshops, click to librarypoint.org or pick up @Your Library, the CRRL's quarterly magazine, at any branch.

librarypoint.org

facebook.com/crrlnews

twitter.com/crrlnews

Headquarters Library 540/372-1144

England Run Branch 540/899-1703

Salem Church Branch 540/785-9267

Porter Branch 540/659-4909

Snow Branch 540/507-7565

Cooper Branch 804/224-0921















































































Montross Branch 804/493-8194

Newton Branch 804/472-3820

Parks & Trails

Parks information online:
www.fredericksburgva.gov/parksmap



Alum Spring Park	        
Canal Path	
City Dock	    
Cobblestone Park	
Cossey Botanical Garden	 
Dixon Park	       
Dorothy Hart Community Center	 
Fredericksburg Dog Park	
Hurkamp Park	 
Maury Playground	    
Memorial/Kenmore Park	     
Motts Run Nature Center/Reservoir	        
Powhatan Park	 
Old Mill Park	          
Old Walker-Grant School	 
Rappahannock River Heritage Trail	
Riverfront Park	
Snowden Park Playground / Baseball Fields	   
Virginia Central Railway Trail	
W. L. Harris Playground	    



Basketball Courts



BBQ Grill



Benches/ Seating Area



Boat Launch



Covered Shelter



Fishing



Horseshoe Pits



Parking



Picnic Area



Playground Equipment



Restrooms / Porta Johns



Swimming



Tennis Courts



Trails



Alum Spring Park

Located at the end of Greenbrier Drive. Discover this hidden treasure within our city limits! This wooded park is equipped with a renovated picnic shelter, picnic tables, restrooms, grills, play equipment, and walking paths. Alum Spring Park hours vary by season. Summer Hours: April 1 - October 31 7 am-7 pm Daily. Winter Hours: Nov 1 – March 30 10 am - 5 pm Daily. For more information on renting the shelter, call the Parks & Recreation office, 372-1086 x 0.

Canal Path

This pathway is 1.8 miles long and winds along the canal from Fall Hill Avenue to Princess Anne Street. Great for walkers and bike riders of all ages. Open all day, year-around.

City Dock

Located at 207 Sophia Street, near the end of the street. This historic dock dates back to George Washington's day. Public fishing permitted.

Cobblestone Park

Located at the intersection of Willis Street and Cobblestone Blvd., this ten acre, wooded park features a one mile looped trail and views of Hazel Run. The park is open year round from 6 am to 10 pm daily.

Cossey Botanical Park

(Located at Littlepage St & Grove Ave) The Cossey Botanical Park is a neighborhood park that features winding trails, a small fishing pond, open space, a community garden and botanical garden used for educational sessions sponsored by the Virginia Cooperative Extension service. Open 6am – 10pm, year-around.

Dixon Park

Located at 1300 Dixon Street (near Rt. 2 & 17 across from Mayfield subdivision). This outdoor facility is 46 acres and features athletic fields, outdoor swimming pool, playground equipment, 1.5 miles of trails, restrooms, and nature preserve areas. Dixon Park is located on Rt. 2 & 17 across from Mayfield subdivision. Open Summer Hours: April 1 - October 31 10 am-8 pm Daily. Winter Hours: Nov 1 – March 30 10 am - 5 pm Daily.

Dixon Park Swimming Pool

Located at 1300 Dixon Street (near Rt. 2 & 17 across from Mayfield subdivision). This outdoor facility is 46 acres and features athletic fields, playground equipment, 1.5 miles of trails, restrooms, and nature preserve areas. The Outdoor Swimming Pool has a great slide, fun water features for the little ones and a zero-depth entry area for easy access. Open May 30 – September 1 – 11:30am – 7pm.

Dorothy Hart Community Center

(Located at 408 Canal St.) The community center is home to many of our classes and programs offered as well as the administrative offices. This facility features three meeting rooms and auditorium. FRED bus also stops at the corner of Canal St & Charles St for easy access.

Fredericksburg Dog Park

Located at 1601 Kenmore Avenue (near Mary Ball St.). This fenced in area available to City residents and their dogs only, is self monitored by its users. City residents who wish to use this facility need to have City dog tags for their pets, which are available at City Hall. Summer Hours: April 1 - October 31 6 am-8 pm Daily. Winter Hours: Nov 1 – March 30 7 am - 5 pm Daily.

Hurkamp Park

Located at 500 William Street at the corner of William St & Prince Edward St. or George St. & Prince Edward St. A historic downtown park with a fountain, brick sidewalks, benches and plenty of space for a picnic. Also home to our Fredericksburg Farmers Market that is open year-around. For more information on reserving Hurkamp Park for your event, call the Parks & Recreation office, 372-1086 x 0.

Maury Playground

Located at the intersection of William St. and Kenmore Ave. This open play area features a basketball court lit from dusk - 10 pm, year around and playground equipment. The park is open 6am - 10pm Daily.

Memorial Park

Located at 1301 Kenmore Avenue, at the corner of Kenmore Ave. and Mary Ball St. This park is equipped with 6 tennis courts that are lit from dusk - 10 pm, year around. The park also features a tennis practice wall, basketball court, youth play field, children's play equipment, and a toddler play area. Park hours: 6am - 10:30pm Daily.

Motts Run Nature Center

Located at 6600 River Road. Manned by volunteers, the log cabin is open Noon - 5pm Saturdays and Sundays, April through October. Nature programs held in the center are available at other times during the year. For more information or to volunteer, call 372-1086, ext. 213. Park open April 1 - October 31, 7am - 7pm Thurs - Mon. Closed November 1 - March 30.



Motts Run Reservoir Recreation Area

Located at 6600 River Rd. This 860-acre natural area including the 160-acre reservoir, is a haven for fishing, boating, canoeing, hiking, and picnicking. The park has jon boats and canoes available for rental, picnic grills and tables, and over 4 miles of hiking trails. You may bring your own boat (ELECTRIC MOTORS ONLY) to launch on the lake, or fish from the banks. Handicap fishing pier available. Fee charged for fishing and boat launching area. No swimming, horseback riding, or all-terrain vehicles permitted. New mountain bike trails open. Summer Hours: April 1 - October 31 7am - 7pm Thurs - Mon. (weather & water conditions permitting). Winter Hours: Nov 1 - March 30 Closed.

Powhatan Park

Located at 1521 Powhatan Street, at the intersection of Cowan Blvd and Powhatan St. A little less than an acre, this park has a playground, benches and open space.

Old Mill Park

Located at 2410 Caroline St. Our most popular park, Old Mill features soccer fields, picnic shelters, a playground, restrooms and river front views. Summer Hours: April 1 - October 31 8am-8pm Daily. Winter Hours: Nov 1 - March 30 10am-5pm Daily. Old Mill is a perfect rental location for your next event! To reserve the park contact the Parks & Recreation office, 372-1086 x 0.

Old Walker-Grant School

Located at 200 Gunnery Road. The facility has open playing fields, basketball court lit from dusk - 10 pm year around & a children's play area.

Rappahannock River Heritage Trail

The Heritage Trail is a 1.6 mile asphalt stretch that connects the two parts of the Canal Path making a 3.4 mile loop, just about right for a 5K race. The trail, which is 10 feet wide, begins near the intersection of Princess Anne and Ford streets at one end of the Rappahannock Canal. Beautiful views of the Rappahannock River, Old Mill Park and several historic mills are seen throughout the trail. The river overlook along Riverside Drive should not be missed. Open all day, year round.

Riverfront Park

Located at 713 Sophia Street on the beautiful Rappahanock River, in the 500-700 blocks of Sophia St. The park is available for events and festivals. Renovations are ongoing. For rental information, please contact the Parks & Recreation office at (540) 372-1086 x 0.

Virginia Central Railway Trail

This 2.7 mile trail for pedestrians, bicyclists and runners extends from the eastern end of the Cobblestone development off Lafayette Boulevard out Lafayette Boulevard, across the Blue & Gray Parkway, then down Alum Spring Road and behind Alum Spring Park to the Route 1 Bypass. Scenic views of Hazel Run and the historic Virginia Central Railway trail bed are visible throughout the trail. Open all day, year round.

W. L. Harris Playground

Located in the community of Mayfield, this park has a covered shelter, playground equipment, and a lighted basketball court.

Special Class Locations

Maury Commons

900 Barton Street, Fredericksburg, VA 22401

Atrium Gallery Studio

526-2 Wolfe St., Fredericksburg, VA 22401

Creative Side Studio

2601 Salem Church Rd, 107A, Fredericksburg, VA 22047

Fredericksburg Police Department

2200 Cowan Blvd., Fredericksburg, VA 22401

White Buffalo Horse Farm

4325 Muster Field Rd., Culpeper, VA 22701



How to Register



Online

Register for classes/programs from the comfort of your own home. Available to those with an account number and password. Classes with special enrollment or fee requirements not available. To apply for an account and register online, visit www.fredericksburgva.gov, Parks and Recreation Dept., then Online Registration.



Mail

For mail in registrations, please complete and sign the registration form included in this brochure. Credit card or check payments only. Mail in registrations are handled as they come in, and will NOT be mailed a receipt. Mail registration form and payment to:

Fredericksburg Parks and Recreation
408 Canal St.
Fredericksburg, VA 22401



Fax

Fax completed registration form to 540-372-3475. Credit card or account payments only. Registration cannot be processed without payment information and signature.



In Person

Registrations are taken in person at the Dorothy Hart Community Center at 408 Canal St. Cash, check or credit card payments accepted.
Monday - Thursday 9:00am to 9:00pm
Friday 9:00am to 4:00pm

Registration Basics

- No phone registration accepted.
- Fees must be paid in full at registration.
- \$50 fee for returned checks.
- Parks and Recreation reserves the right to cancel programs for insufficient enrollment.
- Visa, Mastercard, Discover, American Express cards accepted.
- Debit cards must carry the Visa logo to be accepted.
- All programs have a minimum and maximum enrollment.

Refund Policy

- ALLOW THIRTY DAYS FOR PROCESSING.
- All cancellations and refund requests for activities must be made through our office either by phone, fax, mail or in person.
- It is the participant's responsibility to verify receipt of refund requests.
- If the department cancels a program or trip, the money will be refunded.
- Classes: Students must cancel 24 hours before the 1st class to be eligible for refund. No refunds will be given after the first class.
- Trips: Registrants who cancel on or before the posted cancellation date shall receive a full refund. After that date, money will be refunded ONLY if the slot is filled by another participant.
- Sports: No refunds will be made after the 1st game.
- Changes to these policies will be posted online and at the Community Center.

Waiting List

A wait list will be created when a program has reached its maximum participant capacity. All in-person and mail-in registrants will be put on the waiting list unless otherwise requested. If a space becomes available and a person's waiting list status changes, you will be contacted by the department. Waiting lists do not roll over from previous, different sessions.

Please plan to register for activities/programs as early as possible. Many activities fill up very quickly.

Check out the new look of www.fredericksburgva.gov easier to navigate, easier forms, and more! We will continue to add new and exciting programs throughout the season that are not included in the catalog. Stay up to date by checking the website or signing up for the Parks & Recreation newsletter!

Registration Form



Please print, fill out completely, sign and mail or fax it to:

Fredericksburg Parks and Recreation
408 Canal St., Fredericksburg, VA 22401
Fax: (540) 372-3475

Household Information:

Adult's First Name _____ Adult's Last Name _____

Address _____

City/State _____ Zip _____

Home Phone (____) _____ Work Phone (____) _____

E-mail _____

Registration Information:

Participants Name	M/F	DOB	Activity Name	Date/Time	Fee

Payment Information:

Please check one of the following: ☐ Check (make payable to "City of Fredericksburg") ☐ Cash (walk-in only)
☐ Credit Card (Visa, M/C, Discover, Amex, Diner's Club, Carte Blanche, JCB)

Credit Card Number: _____

Exp. Date: Mo. _____ Yr. _____ Signature: _____

Liability Release:
I understand the nature and scope of the activity listed above. I understand that there are risks and dangers associated with the activity. I understand that it is not the function of the City of Fredericksburg, its employees, agents, operators, or instructors to guarantee the safety of participants with respect to this activity. I also understand that each participant has the responsibility to exercise with due care in the performance of the activity for the safety of him/herself and the other participants.

In consideration of my/the participant's being permitted to enroll in this activity, I hereby release, indemnify and hold harmless the City of Fredericksburg, its employees, agents, operators, and instructors from any and all claims, demands, costs, charges, and expenses for harm, injury, damage or loss which may be sustained by me/the participant as a result of or relating to participation in this activity.

Photo Permission by Parent, Legal Guardian or Legal Custodian: I give the City of Fredericksburg, its officials and employees, permission to photograph or videotape the above named participant, who is a juvenile, during his or her participation in the Recreation Program. I understand and agree that the participant's picture and any materials he or she has produced during the program may be placed on the City's website or within other materials publicizing the City's Recreation Programs. I also give permission for the participant, his or her picture, to appear in the newspaper, social media, or on television as a participant in the Recreation Program.

In witness whereof, I have executed this Liability Release and Photo Permission as my own free act on the _____ day of _____, 2015/2016

Participant Parent, Legal Guardian, or Legal Custodian,
if participant is under 18 years of age Signature: _____



City of Fredericksburg Parks & Recreation
at the Dorothy Hart Community Center
408 Canal Street
Fredericksburg, VA 22401

(540) 372-1086
www.fredericksburgva.gov



- Enjoy a program
- Visit a park
- Explore a trip or event
- Join a sport
- Get busy with friends!

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*Sign up today!***